



OSC Double-Double

March 13-14, 2010

Kinsmen Sports Centre
9100 Walterdale Hill, Edmonton, AB
10 x 50m racing lanes



Saturday Prelim		Sunday Prelim		Sunday Finals	
Warm-Up	Start	Warm-Up	Start	Warm-Up	Start
1:00 pm	2:00 pm	8:00 am	9:00 am	3:30 pm	4:30 pm
100 Fly (P – 14 & U)		100 Free (P – 14 & U)		100 Fly (F – 15 & O)	
200 Fly (P – 15 & O)		200 Free (P – 15 & O)		200 Fly (F – 14 & U)	
50 Fly (TF)		50 Free (TF)		100 Back (F – 15 & O)	
50 Back (TF)		50 Breast (TF)		200 Back (F – 14 & U)	
100 Back (P – 14 & U)		100 Breast (P – 14 & U)		200 IM (TF)	
200 Back (P – 15 & O)		200 Breast (P – 15 & O)		100 Free (F – 15 & O)	
400 Free (TF)		400 IM (TF)		200 Free (F – 14 & U)	
				100 Breast (F – 15 & O)	
				200 Breast (F – 14 & U)	

Entry Information

Entry Deadline: Monday March 8, 2010 (by 6PM).
Scratch Deadline: March 12, 2010 (by 6PM).
Entry Fees: Timed Final Events: \$6.75
Entry Fees: Prelim/Final Events: \$8.00
Deck Entries: above X 2 (See Meet Rules).
Entry fees must be paid prior to the start of the meet.

ALL CLUBS MUST ENTER USING THE SNC ONLINE SYSTEM.

FAX/E-MAIL Entries WILL NOT be accepted.

Entry limited to the first 3,150 swims.

Scratch Refunds: 6PM Friday March 12, 2010

Scratches/updated entries require a complete upload replacement entry file to SNC online system.

Note: Additional entries will require prior approval based on "swims" limit.

Send Payment to:

Olympian Swim Club
12834 – 163 St. NW Edmonton, AB T5V 1K6
No signature required on all deliveries.
Phone: 780-455-8457

Meet Manager: Susan Kamminga

president@olympianswimclub.com

Meet Referee: Joe Kozell

Officials: Kari Marchand

officials@olympianswimclub.com

hy-tek/ares21: Rob Matthews

entries@olympianswimclub.com

Meet Eligibility

All events must be entered with a Seed Time.

No Time (NT) entries will not be accepted.

All entries must include SNC registration id number.

Meet Rules

1. The Meet shall follow SNC Rules including all changes effective by the start date of the competition.
2. SNC Meet Warm-Up procedures are in place.
3. The Meet Manager reserves the right to limit entries.
4. Athletes may swim up to seven (7) individual events.
5. There are no entry time standards.
6. Deck Entries will be accepted only if the entry does not cause a new heat to be created.
7. All stroke 100m events (14 & Under) and stroke 200m events (15 & Over) are Prelims and Finals
8. The 14 & Under Finals are "Double" the prelim distance (200's)
9. The 15 & Over Finals are "half" (100's).
10. This does not include the 200 IM which is timed final only for all age groups.
11. Prelim and Timed Final events will be swum Senior Seeded, slowest to fastest, and separated by gender.
12. Prelim/Final events will be swum as above in prelims, then using the age groups 12&Under, 13-14 and 15&Over, by gender, in finals.
13. Consolation (B/A) Finals will only be swum in individual 15 & Over events that have a minimum of 24 entries.
14. The Sunday Finals scratch deadline without penalty shall be 30 minutes after the conclusion of Sunday preliminary heats. Failure to scratch from a final constitutes a late scratch, and shall result in the offending swimmer being scratched from all remaining events.

Scoring & Awards

1. The meet will not be scored.
2. Best time ribbons will be awarded to those swimmers beating their entry times.

Results will be posted at www.olympianswimclub.com